

NEWS AND INFORMATION FROM GUARDIAN



GUARDIAN
HEALTHCARE PROVIDERS
THE IMPACT OF ONE



Guardian Healthcare Providers Receive Certificate of Distinction Once Again

The Joint Commission, the leader in evaluating healthcare quality, recently evaluated and awarded Guardian Healthcare Providers, Inc. the Certificate of Distinction once again which recognizes our excellence in the staffing industry! Joint Commission standards go beyond just the 'basics' of state and federal regulations, they set consistently high expectations for quality and safety. The Certificate of Distinction recognizes that Guardian Healthcare Providers, Inc. successfully meets the high standards of The Joint Commission. This certification demonstrates that we continue to be dedicated to providing excellent staffing services, health care quality and safety. After the Joint Commission surveyed our clinical staff members and reviewed our company, they found that "zero" improvements are necessary, which is great news!

Joint Commission: A Learning Resource

The Joint Commission is offering two free web-based continuing education courses focused on improving influenza testing. One is specifically created for MDs, PAs and RNs and the other is a no-credit SIRAS training module for office staff. These courses offer assistance with RIDT results and provide information on strains that are currently circulating. They also demonstrate how to properly collect specimens.

The Joint Commission website is a valuable resource. They offer free downloads related to patient care, important information for healthcare staff and patients, and even a link to the CDC for details on the flu. If you haven't visited the site, it's worth a look...www.jointcommission.org

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Recertified Once Again...continued

CERTIFICATE OF DISTINCTION

has been awarded to

Guardian Healthcare Providers, Inc.

Brentwood, TN

for

Health Care Staffing

by



The Joint Commission

based on a review of compliance with national standards

November 28, 2012

Certification is customarily valid for up to 24 months.

Isabel V. Hoverman, MD, MACP
Chair, Board of Commissioners

Organization ID#437542
Print/Reprint Date: 12/07/12

Mark R. Chassin, MD, FACP, MPP, MPH
President

The Joint Commission is an independent, not-for-profit, national body that oversees the safety and quality of health care and other services provided in certified organizations. Information about certified organizations may be provided directly to The Joint Commission at 1-800-994-6610. Information regarding certification and the certification performance of individual organizations can be obtained through The Joint Commission's web site at www.jointcommission.org



Walking Program Employee Recognition

Attention Everyone!

Last December, The Guardian Group completed its recent walking program. Thank you to all who participated! We're all proud of your individual accomplishments, as we hope you are. Through your combined efforts, Guardian Group has made great strides to becoming a healthier company!



Below are the employees who reached milestones of recognition. Please join us in congratulating them!

The following employees have won \$50 Outback gift certificates, \$150 Visa gift cards, and will be personally recognized by our very own President, Mr. Joe Owen, in a presentation at their office(s).

- 1) Sam Kislow of Jackson for a total of 1,300,800 steps!
- 2) Kim Milam of Memphis for a total of 1,050,708 steps!

The following employees have won \$25 Outback gift certificates, \$150 Visa gift cards, and will be personally recognized by our very own President, Mr. Joe Owen, in a presentation at their office(s).

- 3) Joni Laramée of Memphis for a total of 955,221 steps!
- 4) Marriott Brown of Memphis for a total of 945,977 steps!

The following employees have won \$125 Visa gift cards.

- 5) Ryan Tempel of Memphis for a total of 834,252 steps!
- 6) Diane Newlon of Nashville for a total of 812,100 steps!

The following employees have won \$100 Visa gift cards.

- 7) Melanie Grammer of Nashville for a total of 784,207 steps!
- 8) Gail Guindazalo of Nashville for a total of 717,658 steps!

The following employee has won a \$75 Visa gift card.

- 9) Kim Landers of Memphis for a total of 650,380 steps!

The following employees have won \$35 Visa gift cards.

- 10) Len Bronsink of Memphis for a total of 406,991 steps!
- 11) Donna Brooks of Nashville for a total of 401,879 steps!
- 12) Barbara Barnes of Kentucky for a total of 349,421 steps!

Again, CONGRATULATIONS to those who achieved milestones and everyone who participated! Thank you for your commitment to Guardian and to better health!

Joe Owen
CEO & President

Making an Impact

Guardian Employees Set the Bar

Congratulations to an award winner, Dr. Brandy Chaneb! Dr. Chaneb was awarded employee of the month by her employer Hazelwood. We congratulate her on this accomplishment.



Acting Clinical Services Director,
Dr. Brandy Chaneb

Hazelwood Center Employee of
the Month for March 2013

Dr. Chaneb has been at Hazelwood for four and a half years. She said the most rewarding part of her job is spending one on one time with clients. “Seeing the work that I do improve someone’s quality of life, no matter how big or small, is the greatest reward I could receive,” Chaneb said. Dr. Chaneb said the toughest part of her job is achieving a balance between administrative duties, clinical duties, and individualized time with residents. “However, flexibility, never taking things personally and keeping a positive attitude regardless of the situation is the key,” Chaneb said. When she is not at Hazelwood, Dr. Chaneb said the most important aspect of her life is her family. Dr. Chaneb said her first priority is spending time with her husband and her two sons doing activities like sports, swimming, camping and exploring nature. When she has time for herself, Dr. Chaneb said she enjoys curling up with a book and reading just for pleasure.

Healthy You



Live Healthier!

Eligible Guardian employees have access to some great benefits through Blue Cross Blue Shield of Tennessee (BCBST). The BCBST website is packed with valuable information and links to other resources. There are several health tools available for employees, including a personal health analysis. It's quick and easy, and can help you to analyze how healthy your daily routine is. This online questionnaire can help show you potential health risks and provide you suggestions on how to reduce the risk of getting ill. Once you complete the analysis, it will let you know if you are eligible for lifestyle/health coaching program. It's a great way to take charge of your health and make changes that will positively impact your life.

BCBST also offers eligible employees' access to a number of Healthy Focus Programs. Once such program is the Healthy Focus Disease Management Program that can help you manage health conditions and offer guidance as you seek better health. The Healthy Focus Nurseline is available 24 hours a day for any health related questions. Having a registered nurse just a phone call away, can you give you peace of mind as you care for yourself and your family.

For additional information on benefits available through Blue Cross Blue Shield of Tennessee, visit their website at www.bcbst.com. The resources can help you to live a healthier lifestyle.

Healthy You...continued

Decrease the Risk of Obesity



Obesity in America has greatly increased and the latest research studies show the connection between sugary drinks and obesity. The study which took 10 years to complete and involved 33,000 people has proven that sugary drinks interact with the genes that affect our weight. This significantly increases the risk of obesity, more than the risk from heredity only.

Most of us have some genes that predispose us to gain weight, and these sugary drinks pose an increased risk to people that have these genes. The results of the study show that sugary drinks cause weight gain on their own, with or without overeating and lack of exercise. It's not a guarantee everyone that has the genetic predisposition will become obese, but if their intake of sugary beverages is high, they will be more likely to become obese

over time. Sugar-free sodas and drinks were studied as well and the research showed that they didn't increase the risk of obesity

The obesity rates and the rate of drinking sugary beverages have more than doubled in the U.S. since the 1970s. Although these beverages, nor any other single food or drink item, is the lone cause of obesity, they do increase the risk and cause individuals to gain weight. It's important to beware of the risk and decrease consumption of these beverages to decrease the risk of obesity.

Resource: <http://finance.yahoo.com/news/studies-more-firmly-tie-sugary-drinks-obesity-201251759.html>

New Guardian Website



Guardian Healthcare Provider's New Website Launched

If you haven't seen the new website, take a look around at www.guardianhealthcare.com and send me a note (mkiger@guardianhealthcare.com) about what you like, what you would change and how you would change it. As Guardian employees, this is your website and your opinion matters to us, so please take a tour and drop me a line!

Benefits



Open Enrollment begins in March!

As we roar into March, we are preparing for the next **Benefit Open Enrollment** period. All Full-Time benefits eligible employees will receive an **Open Enrollment Packet** in the mail, which provides specific details related to the benefit choice for the 2013 plan year beginning on April 1, 2013.

This year, it will be necessary for all eligible full-time employees to complete the **Open Enrollment** process and either enroll or waive benefit elections, regardless of whether or not they are enrolled in the current benefit program. Your Human Resources department will be working with each eligible employee to ensure enrollment is completed timely.

Stay tuned for more information!

Employee Referral Program

Did you know that you can earn cash for referring a colleague or a client to work with Guardian Healthcare Providers? It's right there on your new website, so click the "Rewards for Referrals" button and get started building a great provider team and earning cash rewards! →

Find Your Healthcare Job!

Position
-- all positions --

Location
-- all states --

SEARCH **APPLY NOW**

